

Food Insecurity Among Kids During the Summer

By: USS Citizenship



The Issue: Food Insecurity With Kids During Summer

Names: Landon, Cora, Easton, Kaiser, Ella, Lael, Maddie, Darcy

In the summertime, kids that are less fortunate lose access to meals at school and are left hungry.

- 90% of children in some districts rely on federal meal programs at school
- The price of food increased 11% from 2021 to 2022.
- Reduction in food stamp benefits which increased during covid also hurts many families

Goal statement: We will raise awareness and educate others about financial struggles causing food insecurity by word of mouth and through our PSA. We will help young students find meals this summer.



How you can help: You can go donate to a food bank, or you can go and help pack food for people that are in need.

Take Action

You can help solve this issue by volunteering in local food banks or donating money. Another option is to just give some food to anyone you personally know that are struggling. We could also contact a city council member about this issue.

Some North Texas food banks: Tarrant Area Food Bank (TAFB), Union Gospel Mission, WestAid, North Texas Food Bank, and more!



What We Learned

Landon: I learned that kids lose nutritious meals during the summer. Also another thing that I learned is there are 2.3 millions kids in Texas that are hungry.

Darcy: I learned that some kids rely on meal programs during the school year, and when it is summer they lose nutritious food and cannot afford to buy food for themselves therefore go hungry.

Ella: I learned that kids lose the ability to eat nutritious food during the summer because they rely on school lunches for food.

Cora: I learned that food insecure is major problem in Texas. Also you can volunteer at a food bank to help.

Lael: I learned that any kid could be struggling and no one could know about it. Also, a lot of those kids lose the opportunity to eat nutritious meals during the summer.

Maddie: I learned that Texas has one million kids that are facing food insecurity.

Kaiser: I learned that 1 out of 8 people are food insecure. 1 out of 5 for kids.

Easton: I learned alot about advocacy and how to be a good citizen. I also learned about what problems our world faces: like food insecurity.

Resources

[Feeding America Hunger in Summertime for Kids](#)

[Feeding Texas Food Insecurity in Kids](#)

[No Kid Hungry Kids with Hunger](#)

About Us (USS Citizenship)

Campers: Cora, Darcy, Easton, Ella, Kaiser, Lael, Landon, Maddie

We chose this issue because we thought that a lot of kids in Texas struggle with it.

A fun fact about us is we all like the food at market square.



Thanks

For Watching
